



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**\*Calendar Subject to Change.**

**Daylight Savings Ends**  
 10:30 Independent Walk and Talk  
 11:00 Reading and Current Events  
**10:45 Travel Israel and Palestine**  
 1:30 Canasta/Bridge/Cards  
 1:30 Movie Time  
**3:00 Happy Hour: Mindy McGee**  
 4:00 Dominoes in the Bistro  
 4:00 Ted Talk: Body Language  
 6:30 Evening Movie

**National Nachos Day**  
 10:00 Walking Club  
 10:30 Daily News/Giant TV Games  
 11:00 Chair Exercise with Emily  
 1:30 Painting For The Soul  
 1:30 Movie with Popcorn  
 1:30 Afternoon Canasta/Bridge  
**2:00 Gratitude/Happiness Craft**  
 3:00 Happy Hour: Nachos and Margaritas  
 4:00 Rummikub  
 6:30 Evening Movie

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**Opera**  
 10:30 Independent Walk and Talk  
 11:00 Reading and Current Events  
**10:45 Travel To Copenhagen**  
 1:30 Canasta/Bridge/Cards  
 1:30 Opera  
 3:00 Happy Hour  
 4:00 Dominoes in the Bistro  
 4:00 Ted Talk: Great Leaders' Action  
 6:30 Evening Movie

**Chef Demonstration**  
 10:00 Walking Club  
 10:30 Daily News/Giant TV Games  
 11:00 Chair Exercise with Emily  
**12:00 Chef Demo: Bananas Foster**  
 1:30 Painting For The Soul  
 1:30 Afternoon Canasta/Bridge  
 2:00 Pub Games  
 3:00 Happy Hour  
 4:00 Rummikub  
 6:30 Evening Movie

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10:30 Independent Walk and Talk  
 11:00 Reading and Current Events  
**11:15 15 Weirdest Places To Live**  
 1:30 Canasta/Bridge/Cards  
 1:30 Movie Time  
**3:00 Happy Hour: Jeff Sacks Sings**  
 4:00 Dominoes in the Bistro  
 4:00 Ted Talk: Brain Focus  
 6:30 Evening Movie

10:00 Walking Club  
 10:30 Giant TV Games  
 11:00 Chair Exercise with Emily  
 1:30 Movie with Popcorn  
**2:00 Let Me Tell You About...**  
 3:00 Happy Hour: Game  
 4:00 Thanksgiving Craft/Champagne  
 4:00 Rummikub/Games  
 6:30 Evening Movie

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10:30 Independent Walk and Talk  
 11:00 Reading and Current Events  
**11:15 100 Interesting Places**  
 1:30 Canasta/Bridge/Cards  
 1:30 Movie Time  
 3:00 Happy Hour  
 4:00 Dominoes in the Bistro  
**4:00 Ted Talk: Rid Self Doubt**  
 6:30 Evening Movie

10:00 Walking Club  
 10:30 Giant TV Games  
 11:00 Chair Exercise with Emily  
 1:30 Movie with Popcorn  
 2:00 Cards & Games in the Bistro  
 3:00 Happy Hour: Game  
**3:30 James Berkowski Sings**  
 4:00 Rummikub/Games  
 6:30 Evening Movie

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10:30 Daily News/Horoscope  
 11:00 Trivia  
 11:00 Tuscan Voices Rehearsal  
 1:30 Holistic Chair Exercise  
 1:30 Movie with Popcorn  
 1:45 Manicures  
 3:00 Happy Hour/Who Am I?  
 4:00 Boggle  
 6:30 Evening Movie

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10:30 Daily News/Horoscope  
 11:00 Trivia  
 11:00 Tuscan Voices Rehearsal  
 1:30 Holistic Chair Exercise  
**2:00 Tuscan Voices: Veterans Day**  
 3:00 Happy Hour: Richard Fenton  
 4:00 Card Games in the Bistro  
 4:00 Boggle  
 6:30 Evening Movie

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10:30 Daily News/Horoscope  
 11:00 Trivia  
 11:00 Tuscan Voices Rehearsal  
 1:30 Holistic Chair Exercise  
**12:00 Friendsgiving Luncheon**  
 1:30 Bingo  
 3:00 Happy Hour/Who Am I?  
**4:00 YouTube: How Internet Works**  
 6:30 Evening Movie

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10:30 Daily News/Horoscope  
 11:00 Trivia  
 11:00 Tuscan Voices Rehearsal  
 1:30 Holistic Chair Exercise  
**2:00 Roger Gross Lecture**  
 1:45 Manicures  
 3:00 Happy Hour/Who Am I?  
 4:00 Boggle  
 6:30 Evening Movie

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10:15 Chair Yoga with Shelby  
 10:30 Games and Trivia  
 11:00 Baking in the Bistro  
 1:30 Afternoon Canasta  
 1:30 Movie Time  
**1:45 MindFit with Brie**  
 3:00 Happy Hour  
 4:00 Ted Talk  
 6:30 Evening Movie

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**Lunch Outing**  
 10:00 Independent Putting Green  
 10:30 Horoscope and Discussion  
 10:30 Men's Group  
 11:00 Fact Or Fiction  
**11:30 Lunch Outing**  
 1:30 Movie  
 1:45 Manicures  
**3:00 Happy Hour: Richard Fenton**  
 4:00 Ted Talk  
 6:30 Evening Movie

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**National Art Museum Day**  
 10:00 Horoscope and Discussion  
**11:00 Trip To Museum and Lunch**  
 11:00 I Should Have Known That  
 1:30 Movie Time  
 1:45 You Be The Judge  
 3:00 Happy Hour  
**3:45 Stone Silk Entertainment**  
 4:30 Ted Talk: Museums of Future  
 6:30 Evening Movie

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**Ballet**  
 10:00 Independent Putting Green  
 10:30 Horoscope and Discussion  
 10:30 Men's Group  
 11:00 Fact Or Fiction  
 11:30 Travel Video  
 1:30 Movie  
 1:45 Manicures  
 3:00 Happy Hour  
 4:00 Ted Talk  
**6:30 Giselle The Ballet/Cocktails**

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**Thanksgiving Day**  
 10:00 Independent Putting Green  
 10:30 Horoscope and Discussion  
 11:00 Flowers For Thanksgiving  
**12:00 Thanksgiving Lunch/Family**  
 1:30 Movie  
 1:45 Happy Hour  
**3:00 Real Story Of Thanksgiving**  
 6:30 Evening Movie  
 7:00 Independent Social Time

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**Broadway**  
 10:00 Independent Putting Green  
 10:30 Horoscope and Discussion  
 10:30 Men's Group  
 11:00 Fact Or Fiction  
**11:30 Lunch Outing**  
 1:30 Movie  
 1:45 Manicures  
 3:00 Happy Hour  
 4:00 Ted Talk  
**6:30 Night On Broadway: Cats**

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10:30 Current Events and News  
 11:00 Giant TV and Games  
 11:00 Catholic Communion  
 12:00 Pizza in the Bistro  
 1:30 Movie  
 1:45 Boggle & Scrabble in the Bistro  
 3:00 Happy Hour  
 3:30 Shabbat Services  
 4:00 Rummikub and Cards  
 6:30 Evening Movie

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10:00 Chair Exercise  
 10:45 Horoscope and Daily News  
 11:00 Catholic Communion  
 11:30 Trivia  
 12:00 Pizza in the Bistro  
 1:30 Movie  
 1:45 Boggle & Scrabble in the Bistro  
**3:00 Happy Hour: Hanalei Violin**  
 3:30 Shabbat Services  
 4:00 Rummikub and Cards  
 6:30 Evening Movie

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10:00 Chair Exercise  
 10:45 Horoscope and Daily News  
 11:00 Catholic Communion  
 11:30 Trivia  
 12:00 Pizza in the Bistro  
 1:30 Movie  
 1:45 Boggle & Scrabble in the Bistro  
 3:00 Happy Hour  
 3:30 Shabbat Services  
 4:00 Rummikub and Cards  
 6:30 Evening Movie

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10:00 Chair Exercise  
 10:45 Horoscope and Daily News  
 11:00 Catholic Communion  
 11:30 Trivia  
 12:00 Pizza in the Bistro  
 1:30 Movie  
 1:45 Boggle & Scrabble in the Bistro  
 3:00 Happy Hour  
 3:30 Shabbat Services  
 4:00 Rummikub and Cards  
 6:30 Evening Movie

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**National Candy Day**  
 9:00 Scenic Bus Outing  
 11:15 Daily News/Horoscope  
 1:30 Movie Time/Popcorn/Candy  
 1:30 Bingo  
 2:00 Independent Cards & Games  
 3:00 Happy Hour: Game  
 4:00 Rummikub/Boggle  
**4:00 Ted Talk: I'm Overwhelmed**  
 6:30 Evening Movie

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**Veterans Day**  
 9:00 Scenic Bus Outing  
 11:15 Daily News/Horoscope  
 1:30 Movie Time  
 1:30 Bingo  
 2:00 Independent Cards & Games  
**3:00 Happy Hour: Ebony Sings**  
 4:00 Rummikub/Boggle  
**4:00 Ted Talk: Elon Musk's Brain**  
 6:30 Evening Movie

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9:00 Scenic Bus Outing  
 11:15 Daily News/Horoscope  
 1:30 Movie Time  
 1:30 Bingo  
 2:00 Independent Cards & Games  
 3:00 Happy Hour: Game  
 4:00 Rummikub/Boggle  
**4:00 Ted Talk: Happy Life**  
 6:30 Evening Movie

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9:00 Scenic Bus Outing  
 11:15 Daily News/Horoscope  
 1:30 Movie Time  
 1:30 Bingo  
 2:00 Independent Cards & Games  
**3:00 Happy Hour: Ebony Sings**  
 4:00 Rummikub/Boggle  
 4:00 Ted Talk  
 6:30 Evening Movie

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10:00 Chair Exercise  
 10:45 Horoscope and Daily News  
 11:00 Catholic Communion  
 11:30 Trivia  
 12:00 Pizza in the Bistro  
 1:30 Movie  
 1:45 Boggle & Scrabble in the Bistro  
 3:00 Happy Hour  
 3:30 Shabbat Services  
 4:00 Rummikub and Cards  
 6:30 Evening Movie

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10:00 Chair Exercise  
 10:45 Horoscope and Daily News  
 11:00 Catholic Communion  
 11:30 Trivia  
 12:00 Pizza in the Bistro  
 1:30 Movie  
 1:45 Boggle & Scrabble in the Bistro  
 3:00 Happy Hour  
 3:30 Shabbat Services  
 4:00 Rummikub and Cards  
 6:30 Evening Movie

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TUSCAN GARDENS OF DELRAY BEACH

ASSISTED LIVING ACTIVITIES NEWSLETTER