

Meet Your Team

Executive Director - Randy Ramroth
Assistant Director - Suzie DeFranc
Assistant Associate Director - Greg Blackburn
Sales Director - Melanie Hochman
Community Relations Manager - Wrendi Morris
Director of Health Services - SaRetha Brooks
Asst. Director of Health Services - Nagela Prudhomme
Environmental Services Director - Tyler Richardson
Culinary Services Director - Shan Rohan
Resident Engagement Director - Lauren Ames
Memory Care Director - Penny Brown



Happy Birthday!

Gerald Braiman	1
Sol Tepper	5
Hannah Corwin	29
Irma Bochner	10
Ira Budyk	12
Soandra Brem	16
Myrna Cloth	18
Hannah Emhoff	19
Angela Marshall	26
Vince Mayer	26
Joan Mayer	27
Joyce Sadis	27



Tuscan Gardens of Delray Beach

14313 Sims Road | Delray Beach, FL 33484
 561-404-4454 | www.tuscangardens.com

Assisted Living Facility License #13509

TUSCAN GARDENS OF DELRAY BEACH

2023 INDEPENDENT & ASSISTED LIVING ACTIVITIES NEWSLETTER



*Calendar Subject to Change.



10:15 Chair Yoga with Shelby
10:30 Games and Trivia
11:00 Baking in the Bistro
1:30 Afternoon Canasta
1:30 Movie Time
1:45 **MindFit with Brie**
3:00 Happy Hour
4:00 Ted Talk
6:30 Evening Movie

Lunch Outing
10:00 Independent Putting Green
10:30 Horoscope and Discussion
10:30 Men's Group
11:00 Fact Or Fiction
11:30 **Lunch Outing**
1:30 Movie
1:45 Manicures
3:00 **Happy Hour: Richard Fenton**
4:00 Ted Talk
6:30 Evening Movie

10:30 Current Events and News
11:00 Giant TV and Games
11:00 Catholic Communion
12:00 Pizza in the Bistro
1:30 Movie
1:45 Boggle & Scrabble in the Bistro
3:00 Happy Hour
3:30 Shabbat Services
4:00 Rummikub and Cards
6:30 Evening Movie

National Candy Day
9:00 Scenic Bus Outing
11:15 Daily News/Horoscope
1:30 Movie Time/Popcorn/Candy
1:30 Bingo
2:00 Independent Cards & Games
3:00 Happy Hour: Game
4:00 Rummikub/Boggle
4:00 **Ted Talk: I'm Overwhelmed**
6:30 Evening Movie

Daylight Savings Ends
10:30 Independent Walk and Talk
11:00 Reading and Current Events
10:45 **Travel Israel and Palestine**
1:30 Canasta/Bridge/Cards
1:30 Movie Time
3:00 **Happy Hour: Mindy McGee**
4:00 Dominoes in the Bistro
4:00 Ted Talk: Body Language
6:30 Evening Movie

National Nachos Day
10:00 Walking Club
10:30 Daily News/Giant TV Games
11:00 Chair Exercise with Emily
1:30 Painting For The Soul
1:30 Movie with Popcorn
1:30 Afternoon Canasta/Bridge
2:00 **Gratitude/Happiness Craft**
3:00 Happy Hour: Nachos and Margaritas
4:00 Rummikub
6:30 Evening Movie

10:30 Daily News/Horoscope
11:00 Trivia
11:00 Tuscan Voices Rehearsal
11:30 Holistic Chair Exercise
1:30 Bingo
1:45 Manicures
3:00 Happy Hour/Who Am I?
4:00 Boggle
6:30 Evening Movie

Trivia Competition
10:15 Chair Yoga with Shelby
10:30 Games and Trivia
11:00 Baking in the Bistro
1:30 Afternoon Canasta
1:30 Memory Care Movie
1:45 **Trivia Competition/Prizes**
3:00 Happy Hour
4:00 **Ted Talk: Vulnerability**
6:30 Evening Movie

National Art Museum Day
10:00 Horoscope and Discussion
11:00 **Trip To Museum and Lunch**
11:00 I Should Have Known That
1:30 Movie Time
1:45 You Be The Judge
3:00 Happy Hour
3:45 **Stone Silk Entertainment**
4:30 Ted Talk: Museums of Future
6:30 Evening Movie

10:00 Chair Exercise
10:45 Horoscope and Daily News
11:00 Catholic Communion
11:30 Trivia
12:00 Pizza in the Bistro
1:30 Movie
1:45 Boggle & Scrabble in the Bistro
3:00 **Happy Hour: Hanalei Violin**
3:30 Shabbat Services
4:00 Rummikub and Cards
6:30 Evening Movie

Veterans Day
9:00 Scenic Bus Outing
11:15 Daily News/Horoscope
1:30 Movie Time
1:30 Bingo
2:00 Independent Cards & Games
3:00 **Happy Hour: Ebony Sings**
4:00 Rummikub/Boggle
4:00 **Ted Talk: Elon Musk's Brain**
6:30 Evening Movie

Opera
10:30 Independent Walk and Talk
11:00 Reading and Current Events
10:45 **Travel To Copenhagen**
1:30 Canasta/Bridge/Cards
1:30 Opera
3:00 Happy Hour
4:00 Dominoes in the Bistro
4:00 Ted Talk: Great Leaders' Action
6:30 Evening Movie

Chef Demonstration
10:00 Walking Club
10:30 Daily News/Giant TV Games
11:00 Chair Exercise with Emily
12:00 **Chef Demo: Bananas Foster**
1:30 Painting For The Soul
1:30 Afternoon Canasta/Bridge
2:00 Pub Games
3:00 Happy Hour
4:00 Rummikub
6:30 Evening Movie

Tuscan Voices
10:30 Daily News/Horoscope
11:00 Trivia
11:00 Tuscan Voices Rehearsal
11:30 Holistic Chair Exercise
2:00 **Tuscan Voices: Veterans Day**
3:00 Happy Hour: Richard Fenton
4:00 Card Games in the Bistro
4:00 Boggle
6:30 Evening Movie

10:15 Chair Yoga with Shelby
10:30 Games and Trivia
11:00 Baking in the Bistro
1:30 Afternoon Canasta
1:30 Movie Time
1:45 **MindFit with Brie**
3:00 Happy Hour
4:00 **Ted Talk: Procrastination**
6:30 Evening Movie

Ballet
10:00 Independent Putting Green
10:30 Horoscope and Discussion
10:30 Men's Group
11:00 Fact Or Fiction
11:30 Travel Video
1:30 Movie
1:45 Manicures
3:00 Happy Hour
4:00 Ted Talk
6:30 **Giselle The Ballet/Cocktails**

10:00 Chair Exercise
10:45 Horoscope and Daily News
11:00 Catholic Communion
11:30 Trivia
12:00 Pizza in the Bistro
1:30 Movie
1:45 Boggle & Scrabble in the Bistro
3:00 Happy Hour
3:30 Shabbat Services
4:00 Rummikub and Cards
6:30 Evening Movie

9:00 Scenic Bus Outing
11:15 Daily News/Horoscope
1:30 Movie Time
1:30 Bingo
2:00 Independent Cards & Games
3:00 Happy Hour: Game
4:00 Rummikub/Boggle
4:00 **Ted Talk: Happy Life**
6:30 Evening Movie

10:30 Independent Walk and Talk
11:00 Reading and Current Events
11:15 **15 Weirdest Places To Live**
1:30 Canasta/Bridge/Cards
1:30 Movie Time
3:00 **Happy Hour: Jeff Sacks Sings**
4:00 Dominoes in the Bistro
4:00 Ted Talk: Brain Focus
6:30 Evening Movie

10:00 Walking Club
10:30 Giant TV Games
11:00 Chair Exercise with Emily
1:30 Movie with Popcorn
2:00 **Let Me Tell You About...**
3:00 Happy Hour: Game
4:00 Thanksgiving Craft/Champagne
4:00 Rummikub/Games
6:30 Evening Movie

Friendsgiving Luncheon
10:30 Daily News/Horoscope
11:00 Trivia
11:00 Tuscan Voices Rehearsal
11:30 Holistic Chair Exercise
12:00 **Friendsgiving Luncheon**
1:30 Bingo
3:00 Happy Hour/Who Am I?
4:00 **YouTube: How Internet Works**
6:30 Evening Movie

World Kindness Day
10:15 Chair Yoga with Shelby
10:30 Games and Trivia
11:00 Baking in the Bistro
1:30 Afternoon Canasta
1:30 Memory Care Movie
1:45 **Random Acts Of Kindness**
3:00 Happy Hour
4:00 **Ted Talk: Creative Genius**
6:30 Evening Movie

Thanksgiving Day
10:00 Independent Putting Green
10:30 Horoscope and Discussion
11:00 Flowers For Thanksgiving
12:00 **Thanksgiving Lunch/Family**
1:30 Movie
1:45 Happy Hour
3:00 **Real Story Of Thanksgiving**
6:30 Evening Movie
7:00 Independent Social Time

10:00 Chair Exercise
10:45 Horoscope and Daily News
11:00 Catholic Communion
11:30 Trivia
12:00 Pizza in the Bistro
1:30 Movie
1:45 Boggle & Scrabble in the Bistro
3:00 Happy Hour
3:30 Shabbat Services
4:00 Rummikub and Cards
6:30 Evening Movie

9:00 Scenic Bus Outing
11:15 Daily News/Horoscope
1:30 Movie Time
1:30 Bingo
2:00 Independent Cards & Games
3:00 **Happy Hour: Ebony Sings**
4:00 Rummikub/Boggle
4:00 Ted Talk
6:30 Evening Movie

10:30 Independent Walk and Talk
11:00 Reading and Current Events
11:15 **100 Interesting Places**
1:30 Canasta/Bridge/Cards
1:30 Movie Time
3:00 Happy Hour
4:00 Dominoes in the Bistro
4:00 **Ted Talk: Rid Self Doubt**
6:30 Evening Movie

10:00 Walking Club
10:30 Giant TV Games
11:00 Chair Exercise with Emily
1:30 Movie with Popcorn
2:00 Cards & Games in the Bistro
3:00 Happy Hour: Game
3:30 **James Berkowski Sings**
4:00 Rummikub/Games
6:30 Evening Movie

10:30 Daily News/Horoscope
11:00 Trivia
11:00 Tuscan Voices Rehearsal
11:30 Holistic Chair Exercise
2:00 **Roger Gross Lecture**
1:45 Manicures
3:00 Happy Hour/Who Am I?
4:00 Boggle
6:30 Evening Movie

10:15 Chair Yoga with Shelby
10:30 Games and Trivia
11:00 Baking in the Bistro
1:30 Afternoon Canasta
1:30 Movie Time
1:45 **MindFit with Brie**
3:00 Happy Hour
4:00 **Ted Talk**
6:30 Evening Movie

Broadway
10:00 Independent Putting Green
10:30 Horoscope and Discussion
10:30 Men's Group
11:00 Fact Or Fiction
11:30 **Lunch Outing**
1:30 Movie
1:45 Manicures
3:00 Happy Hour
4:00 Ted Talk
6:30 **Night On Broadway: Cats**



9:00 Scenic Bus Outing
11:15 Daily News/Horoscope
1:30 Movie Time
1:30 Bingo
2:00 Independent Cards & Games
3:00 **Happy Hour: Ebony Sings**
4:00 Rummikub/Boggle
4:00 Ted Talk
6:30 Evening Movie